



A NEW HEALTH PARADIGM

Many organizations struggle with unhealthy employees, mediocre performance and overwhelmed leaders. We offer a unique blend of consulting, training and coaching services designed to tackle these issues simultaneously so your people can work to their potential and your company can profitably fulfill its mission.

We help your organization function at full capacity through:



Consulting Services:

to discover and identify your organization's strengths and gaps in wellbeing, performance, and leadership – and develop a strategic plan to address all three



Coaching

for individuals and small teams designed to help employees elicit their own best thinking, overcome barriers to success and make decisions that align with what's most important



Trainings:

delivered live and virtually to enhance wellbeing, improve performance and develop courageous leaders



Keynotes

that educate and inspire you audience and leave them with a-ha moments they can use right away in their personal and professional lives

Under One Roof

Instead of working with different strategic partners in the areas of wellbeing, team performance and leadership separately, ViDL offers one streamlined partnership to address all three



Unmatched Experience

Our primary consultants, trainers and coaches have decades of diverse and complimentary experience in the areas that impact company performance including wellbeing, human behavior, and organizational culture.



Forward-thinking Approach

ViDL understands that the wellbeing and engagement of your employees depends on a wide variety of variables that can't be adequately addressed with conventional approaches. Our services incorporate up to date science and the latest thinking on individuals and organizations.

